

## Code of Ethics and Deontology of the Oceanic Bodyworker

The Oceanic Bodyworker is required to comply with the following ethical principles and standards of practice.

### 1) Liability towards the Client: principles

#### 1.1 Autonomy

Respect and foster the clients' right to self-determination and their personal responsibility, as well as the sense of dignity and integrity in the client.

#### 1.2 Proportionality

Select and perform their work within the scope of their role, in compliance with the situation, & the possibilities and limits of the clients.

#### 1.3 Client's wellbeing

Perform their work in accordance with their range of competence and skills, in order to enhance the physical, mental and social wellbeing of the clients, as well as supporting them during their personal journey.

#### 1.4 Avoidance of harmful situations

Avoid actions that could cause physical or mental harm to clients. When in doubt, they should consider the balance of benefit and harm, and suggest that the clients undergo a medical assessment or consult other specialists.

#### 1.5 Equal treatment

Treat all people equally, without any preconceptions or judgments, regardless of their origin, gender, social class, religion, nationality and political position.

## 1.6 Professional relationship of trust with clients

- Create an atmosphere of trust, in which empathy and openness predominate and transformation processes can occur.
- Shall not disclose any confidential or private information to third parties.
- Must obtain written consent provided by the client, before any confidential information that is required to be kept or maintained (by law), is disclosed to any person.

## 2) Responsibility towards themselves

- 2.1. Only apply the techniques and methods in which they are qualified.
- 2.2. Work within the scope of their professional role and refer to the inter-vision (supervision inside OB) and supervision.
- 2.3. Continuously develop and improve the quality of their work, and attend refresher trainings and advanced courses.
- 2.4. Be aware of their own personal development process.
- 2.5. Maintain a healthy balance of boundaries between their work & their personal life, and respect their professional and personal resources.
- 2.6. Not make any diagnosis, unless legally entitled by a professional qualification.
- 2.7. Ensure that at all times they conduct their practice responsibly, and are personally responsible for their professional actions. Have an appropriate attitude.
- 2.8. Create a network with colleagues and wellness specialists.

## 3) Liability towards the profession and colleagues

- 3.1 Act conscientiously, effectively and economically, according to professional standards, and only provide treatments for which they have acquired working knowledge and competence.
- 3.2 Share the Foundations of the Oceanic Bodywork, available on the official website.

## 4) Obligations

### 4.1 Professional relationship of trust with the clients

- 4.1.1. Not make any diagnosis.
- 4.1.2. Refrain from any promise of healing.
- 4.1.3. Ensure the client understands the purpose and limitations of the Oceanic Bodywork.
- 4.1.4. Inform the client of their status as a bodyworker or as a student.
- 4.1.5. Inform the client that the Official Operator Registry is available on the OB website.
- 4.1.6. Inform the client about treatment, before it begins, and provide explanations related to the methods & the performance, as well as the remuneration.
- 4.1.7. Obtain written consent from the client.
- 4.1.8. Have regard to any legally binding confidentiality obligations, and the provisions related to data protection and professional secrecy must be complied with at all times.
- 4.1.9. Not promote any type of sale, either personal or on behalf of third parties.

### 4.2 Public image and presence

- 4.2.1. Refrain from talking about healing in relation to the OB.
- 4.2.2. Avoid misrepresentation. Know that a bad public image might have repercussions on their profession.
- 4.2.3. When advertising OB and other methods, the purpose and nature of their practice should be stated precisely & accurately.

### 4.3 Collaboration in the holistic field

- 4.3.1. Not interfere with other treatments.
- 4.3.2. Write appropriate reports related to sessions, always referring to the laws on data protection that are in force in the country in which they operate.
- 4.3.3. If required, issue correct invoices / receipts.
- 4.3.4. Only upon a specific request from the client, collaborate, in a respectful way, with other practitioners & colleagues, or with the persons referred to by the client.
- 4.3.5. Collaborate transparently with colleagues in the OB field and other holistic disciplines.
- 4.3.6. Refrain from making negative judgments or assessments about colleagues in OB or other holistic disciplines.